



## Health and Safety Guidelines

### *Rental Group Policy Modifications for 2021*

Thank you for planning your event at Camp Conquest. These guidelines are intended to help reduce the risks related to COVID-19 in the camp setting. We have adapted these guidelines from recommendations given by the CDC and American Camp Association. While at camp, your group will be responsible for implementing all items mentioned in this guide.

#### **1. Arrival & Screening**

- a. Pre-screening – Guests should be clear of symptoms for 14 days prior to arriving at camp. We recommend having each participant complete a [Pre-Screening Form](#). High risk individuals should stay home. People with symptoms of COVID must stay home.
- b. Arrival Screening – Group leadership will conduct temperature checks during check-in outside the group's assigned meeting room or in the pavilion. If the group is traveling together, this screening should take place at the church or pick-up location. Any guest with a temperature over 100 degrees will be asked to return home. Camp Conquest can provide a touchless thermometer, if desired.
- c. If a person develops symptoms during your event, please notify camp management immediately. We will work with group leadership to reduce spread following our [Communicable Disease Plan](#).

#### **2. Lodging & Facilities**

- a. Cleaning – Prior to your arrival our team will be cleaning and disinfecting your assigned facilities according to CDC guidelines.
- b. Ongoing Disinfection - Each meeting room and cabin will be provided a bottle of yellow disinfectant and paper towels to use at your discretion throughout your retreat. Frequently touched surfaces need to be cleaned at least once per day. When possible, it is best to disinfect surfaces after each use.
- c. Check-out – Prior to departure, the group is responsible for following all posted cleaning responsibilities.
- d. Cabin Occupancy – Once a guest is assigned to a cabin, they should remain with this group the entire retreat. This cabin group will be referred to as a Pod.

#### **3. Serving Meals**

- a. Camp Provided Meal
  - i. Meals will be served either cafeteria-style or in a take-out style box. Kitchen staff will wear masks and gloves when serving guests.
  - ii. Guest will be assigned seating for the duration of the retreat. This will align with Pod assignments.
  - iii. Multiple mealtimes, or locations may be required for larger guest groups to achieve required social distancing.
  - iv. Hand sanitizer will be available at the dining area entrance and handwashing is recommended before arriving for meals.
- b. Group Provided Meals
  - i. Guest groups serving their own food are expected to follow the above guidelines in addition to the following:
  - ii. Water bottles and bottled beverages are encouraged instead of large dispenser.
  - iii. Disinfect all surfaces before and after meals are served.
  - iv. Eat outside when possible.
  - v. Only kitchen staff should be in the kitchen.
  - vi. All other ServSafe food handling practices remain unchanged.



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#### 4. Camp Provided Activities

- a. All activities are prescheduled and private for your group.
- b. Please maintain appropriate distance from other guest groups when transitioning between activity areas.
- c. Participants will use hand sanitizer before using equipment
- d. All equipment used will be sanitized between Pods and other guest groups.
- e. Camp staff who lead camp provided activities will follow state guidelines for masks and social distancing when feasible.

#### 5. Planning & Prevention

- a. Scheduling Considerations
  - a. Hand Hygiene – Build handwashing times into your schedule. Remind campers to wash their hands regularly with soap and water.
  - b. Symptom Checks – Schedule regular times to check temperatures or other symptoms. Mealtime is an ideal time to do this.
  - c. At the beginning of the retreat, plan time to review health and safety guidelines with participants. Guests should be informed of these requirements prior to arrival at camp.
- b. Masks & PPE
  - a. Guests must provide their own personal protective equipment (masks, gloves, etc.)
  - b. Current state guidelines encourage masks to be worn at all times.
  - c. Camp Conquest will provide hand sanitizer for Camp Provided meals and activities. Group leadership should provide sanitizer for all other areas where desired.
- c. Social/Physical Distancing
  - a. Overnight groups should avoid day guests.
  - b. Physical distancing should be built into camp programming.
  - c. Guests should be placed into Pods. These Pods should contain the same people throughout the retreat for lodging, meals, activities etc.
  - d. Limit interaction between Pods.
- d. Recommendations during Activities
  - a. Plan outdoor activities whenever possible.
  - b. Groups should remain small for all activities.
  - c. All shared items and equipment should be sanitized between use.
  - d. Plan activities that require limited physical contact.

\*These guidelines are subject to change based on current Pennsylvania and CDC guidelines.

**I understand the steps Camp Conquest is taking and accept these health & safety guidelines and any inherent risk.**

Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Group: \_\_\_\_\_ Event Date: \_\_\_\_\_