

Communicable Disease Plan (CDP)

Camp Conquest recognizes the unique risks and challenges that communicable diseases present to the camp community. In response to these risks and challenges, this Communicable Disease Plan outlines prevention, response, recovery, and mitigation policies and procedures to lower the impact of a communicable disease on the camp community. Some policies and procedures are subject to change depending on the rate of transmission, severity of symptoms, and availability of treatment for a disease.

Prevention

Camp Conquest requests that all individuals arrive to camp healthy. If any individual is showing signs of a communicable disease, we ask they receive medical attention from a medical professional before arriving to camp. Camp Conquest reserves the right to not admit an individual until healthy.

Screening

- Pre-screening
 - All staff and campers attending camp are required to complete the health history form within the registration process before arriving at camp. This information is reviewed and used by the camp nurses when caring for and treating staff and campers for illnesses and diseases.
 - All staff and campers should self-screen for the presence of symptoms of a communicable disease before arriving to camp.
- Initial screening
 - Camp nurses will conduct an initial screening with each staff and camper when they arrive to camp. This screening includes a lice check, confirmation of health information, and discussing medications.
- Ongoing screening
 - Staff and campers will be monitored daily for symptoms of communicable diseases.

Preventing Spread

- Hand Hygiene
 - Communicable diseases can pass person to person through contact. An individual's hands are one of the most contacted contact points and should be consistently cleaned to lower the spread of a disease.
 - All staff and campers will be encouraged to wash their hands with soap and water:
 - Before eating food.
 - After being in contact with someone who is sick.
 - After touching frequently touched surfaces.
 - After using the restroom.
 - After using common items, such as activity and sports equipment.

- After coughing, sneezing, or blowing your nose.
 - Hand sanitizer will be located around camp for hand cleaning when soap and water are not accessible.
- Physical Distancing
 - Depending on the contagiousness of a disease, social and physical distancing procedures may be implemented into camp programming. These procedures will be determined by recommendations from health and governing agencies.

Cleaning & Disinfection

- Cleaning and disinfection practices will differ for different areas and equipment. In general, cleaning and disinfection will happen multiple times throughout a day in common use areas, and daily for activity area equipment.
- In the event of a bathroom accident, an individual throwing up, an injury involving blood, or other incidents where surfaces are contaminated, additional cleaning will be done in the area of the incident.

Training

- Staff will be trained on preventing spread and illness reducing strategies, cleaning and disinfection, and their role in the response plan to cases.
- Staff will provide campers with training on proper handwashing and other illness reducing strategies.

Communication

- Camp staff will communicate to campers and parents, informing them of the screening process, safety measures, and the Communicable Disease Plan.
- Camp staff will communicate with summer staff, informing them of safety measures, the Communicable Disease Plan and other educational resources, and potential changes to their role.

Response to Case(s)

In the event of a suspected case of a communicable disease in the camp community:

1. The individual will be taken to the camp nurse for care.
2. The camp nurse will identify the individual's symptoms and the possible illness.
3. If the illness is not communicable or a danger to the rest of the camp community, the individual will receive necessary care and return to their group or position as soon as possible.
4. If the illness cannot be identified or is identified as a communicable disease, the individual will be isolated in the infirmary. The camp nurse will contact the Program Coordinator. The Program Coordinator will contact the family of the infected individual.
5. The individual will be removed from the camp community by their family and taken to receive further medical attention. When a diagnosis is confirmed, this information will be given to the camp.

In the event that a suspected case of a communicable disease is confirmed:

1. Staff and campers who were in contact with the infected individual will be checked for symptoms, monitored daily for symptoms, and isolated from other staff and camper family units.
2. The areas used by the infected individual will be closed off, cleaned, and disinfected.
3. Communication will be sent to families with information about the illness and next steps.
4. Camp programming will continue for any unaffected staff members, campers, and family units.
5. If other individuals begin to show symptoms, they will be immediately isolated and removed from the camp community as soon as possible to receive further medical attention.
6. As the outbreak progresses, the Executive Director and Program Coordinator will make decisions regarding the feasibility of continuing camp.

Recovery & Mitigation

Assuming the control measures were effective, the number of new cases will eventually start to decline. The length of time these control measures need to be implemented will be determined by the communicable disease. Control measures should not be removed too soon due to the danger of the re-emergence of the disease. Camp staff will be in contact with local health officials for assistance in this area.

All records and reports of the outbreak should be properly processed. Debriefing with the staff should be done as a group and individually. With all this information about the outbreak and response, the Communicable Disease Plan should be evaluated and updated.

Fatigue in staff after the outbreak is over is expected. Rest and recovery time for staff will be given over time and for the necessary amount of time.

Addendum to the Communicable Disease Plan for Covid-19

June 1, 2020

Covid-19 is a respiratory illness caused by a virus that can spread from person to person and currently the most effective form of protection is limiting spread. As a result, Camp Conquest will implement the following guidelines, adapted from recommendations given by the CDC and American Camp Association.

Screening

- Pre-Screening
 - The following pre-screening procedures will be required for individuals attending camp for overnight programming:
 - Taking and recording their own temperature for 14 days before camp using the pre-screening form provided by the camp.
 - Self-screening for the presence of symptoms (fever of 100.4 °F or greater, cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.) for 14 days before arriving at camp.
 - Determining if the individual has traveled nationally or internationally within 14 days before arriving at camp.
 - Determining if the individual has been in close contact with a person who has been diagnosed with, tested for, or quarantined as a result of a communicable disease within 14 days before arriving at camp.
 - Any individual attending camp for day programming should monitor their health before arriving to camp. If an individual begins to feel sick before camp, they must seek medical attention before arriving to camp.
- Initial Screening
 - Additional screening procedures when arriving to camp include:
 - Checking each individual's temperature.
 - Asking questions about possible symptoms of Covid-19.
 - Asking questions about contact with other individuals who have been diagnosed with, tested for, or quarantined as a result of Covid-19.
 - Asking questions about each individual's traveling.
- Ongoing Screening
 - Trained staff will provide screenings during lunch each day including a temperature check and asking questions about possible symptoms for individuals in overnight programming.
 - Any individual attending camp for day programming will self-monitor for symptoms. Any individual who becomes sick or develops symptoms of Covid-19 will be removed from camp immediately by their family and taken to receive medical attention. The confirmed diagnosis of the sickness should be reported to the camp staff.

Preventing Spread

- Hand Hygiene
 - Staff and campers will be taught to wash their hands using these steps:
 - Wet your hands with clean, running water.
 - Lather your hands by rubbing them together with the soap. Make sure to lather the back of your hands, between your fingers, and under your nails.
 - Scrub your hands for at least 20 seconds (about the time it takes to sing “Happy Birthday” twice).
 - Rinse your hands well under clean, running water.
 - Dry your hands using a clean paper towel.
 - Additional hand washing and hand sanitizer stations will be set up throughout camp for increased frequency of hand cleaning.
- Physical Distancing
 - Campers will be placed into groups, or family units, along with staff. These groups will not change throughout the week and will not mix with other family units. Groups will stay at least 6 feet apart from other groups.
 - When groups are not able to stay 6 feet apart or when a group is interacting with a staff member who is outside their family unit, masks will be worn by both staff and campers.
- Personal Protective Equipment (PPE)
 - Masks will be required for guides and campers when the family unit is inside and unable to physically distance from other family units or staff outside the family unit.
 - Masks will be required for staff who are inside and unable to physically distance from each other or when in contact with a family unit.
 - Each individual is responsible to bring their own mask unless otherwise informed by the camp.

Cleaning & Disinfection

- In response to the high risk of spread of Covid-19, camp will implement a plan of increased frequency of cleaning and disinfection.
- Cleaning and disinfection practices will differ for different areas and equipment. In general, cleaning and disinfection will happen multiple times throughout a day, and after one family unit leaves and before the next one arrives at an area.

Training

- Staff will be trained to recognize the signs and symptoms of Covid-19.
- Staff will provide campers with training on proper handwashing, proper wearing of PPE, social/physical distancing procedures, and other illness reducing strategies.

Communication

- Camp staff will be in contact with local health and government officials to determine quarantine guidelines, outbreak control measures, and the overall safety of running camp programming.
- Camp staff will communicate to campers and parents, informing them of any schedule changes, program changes, additional safety measures such as pre-screenings, and the Communicable Disease Plan.
- Camp staff will communicate with summer staff, informing them of additional safety measures, the Communicable Disease Plan and other educational resources, and potential changes to their role.